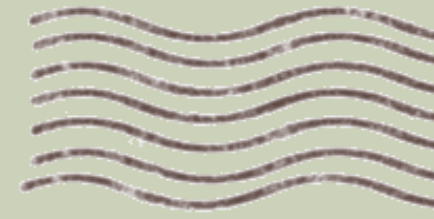


*A Postcard from the Field...*

# **ACEs Aware Initiative in Humboldt County**



Dear Colleagues,

We are excited to share that the County of Humboldt DHHS Public Health Branch and the Humboldt State University Child Development Department have been awarded the **ACEs Aware communications and provider training grants**.

**Adverse Childhood Experiences (ACEs) represent a largely unrecognized public health crisis.** ACEs Aware, part of Governor Newsom's California for All initiative, seeks to reduce ACEs and toxic stress by half in one generation.

We want to thank our remarkable community partners First Five Humboldt, California Center for Rural Policy and Humboldt State University Child Development Department; for their on-going support throughout the development of this grant.

**Our next steps will include**

- **A county wide communications campaign and training geared towards medical providers, direct service providers and the general community.**

We are looking for organizations to share ACEs Aware resources with medical providers, direct service providers and community members. If you are interested in helping spread resources throughout our community, please contact:

[publichealthssvp@co.humboldt.ca.us](mailto:publichealthssvp@co.humboldt.ca.us)

Best,  
DHHS Public Health Suicide and Violence Prevention Program Staff



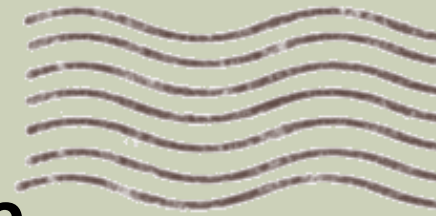
## ***What We're Hearing:***

The impacts of ACEs and toxic stress are treatable. We can screen for ACEs, respond with evidence-based trauma-informed care, and significantly improve the health and well-being of individuals and families.

– Dr. Nadine Burke Harris

*A Postcard from the Field...*

# Humboldt County Domestic Violence Coordinating Council Prevention Committee



**R** SAFE  
HUMBOLDT  
*Safer Care and Better Outcomes*

October 2020

Dear Colleagues,

We are honored to share that **October is Domestic Violence Awareness Month.**

Our theme this year is

- **Redefining Strength**
- **Examining concepts of vulnerability**
- **Accountability and alternative interventions**

This is a good time to connect with people who may be having difficulty reaching out for help or feeling socially isolated. Throughout the month, violence prevention community partners will be hosting events and trainings focusing on domestic violence prevention.

The Prevention Committee is dedicated to a collaborative approach to violence prevention. We work together on community education and outreach activities, we share resources, build partnerships, address intersectional topics and so much more.

We invite you to join us! **We meet the second Thursday of the month at 1:30-3:00pm** via Zoom. Meetings are open to anyone interested in preventing violence in our community.

For more information, please reach out to the DVCC Prevention Committee at [humboldtpreventioncommittee@gmail.com](mailto:humboldtpreventioncommittee@gmail.com).

Best,

Marian Strong and Kayla Henry, DVCC Prevention Committee Co-Chairs

## October is Domestic Violence Awareness Month



### *What We're Hearing:*

“I appreciate the opportunity to collaborate with others working on accomplishing similar goals. This committee has made me hopeful that by working together, we can have a greater impact in our community.”

- Prevention Committee Member